

WARWICK DANCE AND GYMNASTICS ACADEMY

SUMMER GYMNASTICS SCHEDULE 2024 Recreational and Team Gymnastics 7/08-8/15

MONDAY

4:00-6:00 pm

***Xcel Silver/Gold Teams**

5:30-7:30 pm

**Xcel Platinum and Xcel Diamond*

TUESDAY

4:00-5:00 pm

Girls Recreational 5-8 years

5:00-6:00 pm

Girls Recreational 5-8 and 9+ years

6:00-7:00pm

Power Tumble ages 6+ All Levels Co-ed

WEDNESDAY

4:00-6:00 pm

***Xcel Silver/Gold Teams**

5:30-7:30 pm

**Xcel Platinum/Xcel Diamond*

THURSDAY

3:30-4:15pm

Mini Gymnastics 3-4 years

4:15-5:15pm

Girls Recreational 5-8 years

5:15-6:45 pm

Advanced Recreational 5-8 years (Must have bridge

Kick over and pull over on bars without spot)

5:15-6:45 pm

Pre-Team

5:15-6:45 pm

Xcel Bronze Team

*All Xcel and J.O. Teams must participate in summer session to compete the 2023/24 season

6 week program July 08-August 15th